

PRESS RELEASE

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Donna McCarrell
To Speak In Jackson September 19 at NOON
Marriage Matters Jackson
Lunch & Learn Series
“Making Up Is Fun To Do”

JACKSON, Michigan (August 30, 2007)- At **Noon Wednesday, September 19**, Marriage Matters Jackson will host its monthly **Lunch & Learn** Event in downtown Jackson at the Nomad Bookhouse, 229 S. Mechanic. Donna McCarrell, a licensed professional counselor will present **“Making Up Is Fun To Do,”** regarding conflict resolution in marriage.

Donna McCarrell, who works for Perspectives, LLC and is a Prepare/Enrich Seminar Director, has been a mental health professional since 1988. She trains clergy and mental health officials in premarital and marital counseling through the use of the Prepare/Enrich inventory. Donna has a passion for healthy relationships and also leads marriage groups through Westwinds Community Church. She has been married for 20 years and has two children.

The Lunch & Learn Series is sponsored by Marriage Matters Jackson, supported through funding from the Weatherwax Foundation and housed at United Way under the Full Circle Program. Marriage Matters Jackson is in its second year of funding from the Weatherwax Foundation. The Steering Committee, comprised of community members interested in strengthening marriages and families, continues to assess the needs of the Jackson community and provides programs and services to address those needs.

The goal of Marriage Matters Jackson is to measurably impact families by providing marriage preparation as well as enrichment activities, which support strong and vital marriages. This initiative promotes the realistic value of personal and societal merits of marriage for wives, husbands and children.

Join us September 19 at NOON, beverages and dessert provided. Pick up lunch to-go at one of the many downtown restaurants. Parking is available in the lot BEHIND the Nomad. Come enjoy an interesting topic, in a relaxed environment for your lunch hour! Call Shelby Raines of Marriage

Matters Jackson, at 796-5135 or email sraines@uwjackson.org for more information.

Join Us If You Are Married, Not Married, Planning on Getting Married
The Topics Of Healthy Marriage Are Relevant For Everyone